

Communication Committee Agenda - leader Jeanne

March 24, 2022 7:30PM

<https://us06web.zoom.us/j/97526350573?pwd=V3ZzU0s1RFkldW9va25WRFJyY2l6QT09>

Meeting ID: 975 2635 0573 Passcode: 732815 Meeting ID: 975 2635 0573 Passcode: 732815

Open with Serenity Prayer

permission to record ?- YES

Tradition 3 – The only requirement for membership in CoDA is a desire for healthy and loving relationships.

In Attendance/round robin order: David, Daniel, James, Kaga, Jeanne

Note: We were unable to approve the January minutes at the February meeting as they were incomplete at the time.

Approval of January Minutes

https://nonprofit12steorganiza-my.sharepoint.com/:w:/r/personal/commchair_coda_org/_layouts/15/Doc.aspx?sourcedoc=%7B3C0BB1DC-53F7-40B1-A339-D30DA3736C9E%7D&file=01_28_22%20COMM%20Agenda.docx&action=default&mobileRedirect=true

Motion By -- James Second -- Jeanne Vote -- Unanimous

Note : David and James both pointed out that there were grammatical and punctuation errors in what had been added to the January minutes. They had no problem approving them. Just suggested those be corrected.

Approval of February Minutes

https://nonprofit12steorganiza-my.sharepoint.com/:w:/g/personal/commchair_coda_org/EdyxCzz3U7FAoznTDaNzBJ4BVcBtFKWN-AzJiTzM4_5hA?e=mDMohb

Motion By -- David Second -- Daniel Vote -- Unanimous

Note: David said that he had asked for a link to the February agenda, in order to put in his Fellowship Forum report. He never got it, so was unable to complete the report prior to the meeting. The secretary typed in a report based on what David reported verbally during the Feb meeting.

Introductions – use round robin order David, Daniel, James, Kaga, Jeanne

Does anyone have additions to the agenda? No.

Update from sub-committees:

1. **AVM (audio/visual/media) –**
 - a. We received an answer from CoNNections, and they don't want us to record their old submissions. They are concerned that those who submitted only submitted for the print of their writing.
 - b. J advised he is planning to record the first pattern/characteristic by mid April.
 - c. Any other ideas for AVM are appreciated.

2. **CET – (CoDA Email team)** - has responded to 83 emails since Feb 24th meeting. We are still looking to have two days (Thurs/Sat) covered. 6 people responded with interest from the call for help, but no one has returned an application.

3. **C-phone – (CoDA Phone)** - has responded to 81 calls since Feb 24th. We are grateful for the team's steadfast help to our members.

4. **Fellowship Forum (FF)** – *David reports that meetings have been going very well. Comments and feedback during and after are good. There was good attendance at the last meeting. About 20 people showed up. A schedule for this month and next month has been outlined. Topics for the future need to be outlined. Trauma bonding, a topic suggested by Kaga, was chosen for last month's Fellowship Forum. The meeting was well attended. There was a lot of interest generated, as well as participation. Some thought trauma bonding wasn't an appropriate topic for CoDA. David had thought of doing a second Fellowship Forum on trauma bonding but wanted to dialogue more with those who felt that trauma bonding was not an appropriate topic before doing that. Going forward, speakers are being sought since only James and David have been speakers so far. These speakers can come not just from the Communications Committee, but from anyone in The Fellowship. The FF meetings are posted to the CoDA YouTube Channel, so quality of recording is important. James added that an informal framework is being built as the structure becomes clearer. He notes that, since topics are being picked ahead of time, the shares are of better quality than before. He offered his thanks for the*

opportunity to serve. David added his thanks to Mary for helping get the Fellowship Forum rolling as well as her continued encouragement and support. It's much appreciated.

Old Business

1. Does anyone have questions/comments about the current Communications Committee application? *Each person in attendance gave their thoughts.*
 - A. **David** – *Received an updated version of the application. He read through it. He thought it was an improvement and seemed to simplify the application, as well as take out some of the things he found objectionable.*
 - B. **Daniel** – *When he filled out his application to serve with CoDA Phone (Cphone), it was hard for him to swallow the two-year time frame. He spoke with Mary and she graciously agreed that he could reevaluate his desire for continuing service with Cphone at the end of the year. Having to commit to a certain duration is a challenge. Part of his personal recovery is based on one day at a time. "It's just today. That's all I have to work with." Strongly suggesting a commitment of a certain length of time, for him, flies in the face of one of the cornerstones of 12-step.*
 - C. **James** – *Filled the application out quite a while ago. Thought he was going to be "on this job" for two years. "After that you start looking for a replacement, or you start looking to move. That's just the CoDA way." Perhaps the wording should be different. We're not trying to obligate people to be here for two years.*
 - D. **Kaga** – *There wasn't an application for service in the past. When she became chair, she wanted to connect with people. The intention of the application was to get to know a little about each person. It was not meant to be a list of rules that had to be followed. "There are no rules in CoDA. The paramount rule is 'no cross talk.'" (However, in a business meeting that may not apply.) She thinks that how Mary handled the situation (with Daniel) was exactly how the chair of the committee "should" do it. The CoDA Board demonstrates to the world committees and the world committees demonstrate to the members what good recovery looks like. The time frame could be shortened to a year on the application. At the same time, no one can make anyone do anything. As issues come up, they are handled. Case in point, there were no rules as to how many meetings a committee member had to show up at. Those were put in place because people weren't showing up at world committee meetings and it became an issue. Deal with things as they present. As for the application, let's get done with it and send it out. Higher Power brings trusted servants. We just extend the invitation. Very triggering to be talking about this application again. "One minute everybody wants it, the next minute nobody wants it."*
 - E. **Jeanne** – *Has nothing to add. Everyone brought up good points.*

There was much said about the two-year commitment requirement. Many were glad that it had been removed as a prerequisite to joining the Communications Committee.

2. "Questionable" Meetings -- Report from Issues Mediation Committee (IMC) about the status of "problem" meetings – Mary contacted IMC about the status of meetings that have been turned over to them. These meetings were either turned over to IMC because the documents weren't being read "right," or because the meeting was "wacky." The only feedback she received was that IMC is working on them. She later found out that...
 - a. ...there is a workgroup that has formed, and several people have joined, to discuss what the avenues are that may be used to deal with these meetings. Open to any thoughts and ideas.
 - b. **Daniel** let the committee know that Yvonne K is heading up the workgroup. He also noted there is a new e-mail address meetingissues@codas.org. Any meeting issues that come in (for instance by phone or e-mail) can be forwarded to that address.
 - c. **Kaga** asked if we came by info about "wacky meetings" by emails sent to the committee. She noted that the CoDA Board and the Issues Management Committee (IMC) had handled these issues before and there was a new email address (meetingissues@codas.org). As the Communication Committee, we can pass anything that comes in via email having to do with "wacky meetings" on to that email address.
 - d. **David** added that the initial information about "wacky meetings" had come from Cphone. It had been passed on to IMC.

3. Was the Fellowship Forum posted to the CoDA calendar? *David reports it has been. Mary added the link below.*
 - a. Here is the link to the calendar <https://codas.org/event/coda-fellowship-forum-3/>

New Business

1. Do we wish to install a...Vice-chair? Co-chair? Interim/Acting Chair? "Collaborative" chair? **TABLED until next meeting.**

2. National resource numbers to give to callers/emailers -- Jeanne has found more numbers (besides 211 and suicide prevention hotline). **TABLED until next meeting.**
 - a. Alcohol, Drug, and Other Addictions: 1-800-889-9789
 - b. Bullying and School Violence: 1-800-824-3463

- c. Domestic Violence: 1-800-799-7233
- d. Eating Disorders: 1-800-931-2237
- e. Grief Recovery: 1-800-445-4808
- f. Mental Health: 1-800-560-5767
- g. Sexual Assault: 1-800-656-4673
- h. Trevor Project (LGBTQ Youth): 1-866-488-7386
- i. Veterans Crisis Line: 1-800-273-8255
- j. Youth Crisis Line: 1-800-442-4673

3. Service Concept of the month? **TABLED** until next meeting.

4. **Are there any motions you wish to bring forward for CSC?** Think about it, for discussion at the April meeting. They don't have to be about Communications Committee - they can be on anything, as long as the group is in agreement.

James mentioned that he is on the Outreach Committee. That committee has decided not to present a motion having to do with the social media policy at CSC 2022. He suggests that the Communications Committee present a motion speaking to that.

Close with CoDA Closing Prayer

***We thank our Higher Power,
for all that we have received from this meeting.
As we close, may we take with us
the wisdom, love, acceptance, and hope of recovery.***

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1. Leaders for next months: *April - Linda ; May - David ; June - Chris ; July - Daniel ; August - Jenny ; September - Kaga ; October - Linda ; November - David ; December - Dayle ;*